

Menu

Week 1

Tuesday

Lunch

- Vegetable Risotto

Dinner

- Soup or Fruit Juice
- Roast Turkey & Trimmings
- Ham or Cheese Salad
- Apple, Pear & Cinnamon Crumble Tart with Custard

Wednesday

Lunch

- Scampi, Chips & Salad Garnish

Dinner

- Brussels Pate, Chutney & Toasted Bloomer
- Soup or Fruit Juice
- Ham, Leek, Mushroom & Whole Grain Mustard Pie
- Lasagne, Garlic Bread & Garnish
- Quorn Vegetable Cottage Pie
- Mackerel Salad (bowl)
- Raspberry Crème Brûlée

Thursday

Lunch

- Meat Pasty & Baked Beans

Dinner - Theme Evening

European

- Prawn Cocktail, Fruit Juice
- French Onion Soup
- Coq au Vin
- Pork Schnitzel
- Mediterranean Tart
- Chocolate Profiteroles

West-Country

- Rarebit, Fruit Juice
- Curried Parsnip Soup
- Pork Loin Cider Sauce
- Local Butchers Faggots
- Homity Pie
- Apple Cake & Clotted Cream

Friday

Lunch

- Butchers Sausages with Mash & Thyme Onion Gravy

Dinner

- Melon Boat, Soup or Fruit Juice
- Deep Fried Battered Cod, Chips & Mushy Peas
- Fish of the Day
 - *Week1 - Cod Loin with Parsley Sauce, New Potatoes*
 - *Week2 - Plaice with Leek & Chive Sauce, New Potatoes*
- Ham Platter
- Mackerel & Cheese, Garlic Bread
- Chilled Lemon Tart

Saturday

Lunch

- Omelette & Salad Garnish
Choice of fillings - Ham, Cheese or Mushroom

Dinner

- Waldorf Salad
- Soup or Fruit Juice
- Roasted Chicken Breast with Garlic & Herb Gravy
- Meat & Vegetable Hot-pot
- Jacket Potato
Choice fillings - Baked Beans, Cheese, Tuna & Mayo
- Tuna & Mayonnaise Salad
- Fruit Salad

Sunday

Lunch

- Roast Pork, Stuffing & Crackling
- Bread & Butter Pudding

Dinner

- Ham & Chutney Salad
- Minestrone Soup
- Devon Cream Tea

Monday

Lunch

- Ham & Cheese Ploughman's

Dinner

- Deep-fried Blanch-bait, Garlic Dip & Brown B&B Sauce
- Soup or Fruit Juice
- Pork Chop with au Poivre & Green Peppercorn Sauce
- Saute Chicken Breast & Bacon with Cheese & Chive Sauce
- Vegetable Lasagne & Salad Garnish with Garlic Bread
- Egg & Cress Salad (bowl)
- Peach & Almond Torte

Menu

Week 2

Tuesday

Lunch

- Brunch Cheese Beef Burger, Bacon & Salad

Dinner

- Soup or Fruit Juice
- Roast Chicken Trimmings
- Ham or Cheese Salad
- Steamed Golden Syrup Sponge & Custard

Wednesday

Lunch

- Jacket Potato
Choice fillings - Baked Beans, Cheese, Tuna & Mayo

Dinner

- BBQ Chicken Wings
- Soup or Fruit Juice
- Beef, Ale, Mushroom & Baby Onion Pie - Puff Pastry Lid
- Cod & Leek Cheese Mornay Pie
- Pasta with Leek, Walnut, Mushroom, White Wine Sauce & Garlic Bread
- Chicken, Bacon Crouton Salad Bowl
- Individual Crumbles
Fruits of the Forest, Cinnamon & Oat

Thursday

Lunch

- Gammon Ham, Poached Egg, Bubble & Squeak

Dinner - Theme Evening

Italian

- Moz Sticks, Fruit Juice
- Tomato & Basil Soup
- Chick, Tarragon & Vermouth Sauce
- Pork Schnitzel
- Cannelloni
- Strawberry Pannacotta

Indian

- Samosas & Raita Dip, Fruit Juice
- Carrot & Corriander Soup
- Chefs Chicken Curry
- Roasted Vegetable & Coconut Curry
- Basmati Rice & Naan-bread, Poppadom's, Chutney

- Cumberland Sausage, Mash & Gravy
- Vanilla, Almond, Coconut, Rose Water Rice Pudding

Friday

Lunch

- Chicken Fajita Wrap

Dinner

- Melon Balls & Grapes Cocktail, Soup, Fruit Juice
- Deep Fried Battered Cod, Chips & Peas
- Fish of the Day
 - *Week1 - Salmon Lemon, Chive Butter, New Potatoes*
 - *Week2 - Smoked Haddock, Parsley, Chive & Whole Grain Mustard*
- Ham Platter
- Broccoli & Cauliflower Cheese Bake
- Fruit Tartlets Vanilla Crème Anglaise

Saturday

Lunch

- Pizza & Salad

Dinner

- Mini Spring Rolls & Chilli Dip
- Soup or Fruit Juice
- Shepherds Pie
- Sweet & Sour Pork with Rice Prawn Crackers
- Jacket Potato - *choice of fillings*
- Cheese & Chutney Salad
- Summer Pudding

Sunday

Lunch

- Roast Beef & Yorkshire Pudding
- Hot Chocolate Fudge Cake

Dinner

- Prawn Marie Rose Sauce Salad
- Vegetable Soup
- Devon Cream Tea

Monday

Lunch

- Welsh Rarebit

Dinner

- Deep Fried Breaded Mushroom with Chive & Garlic Dip
- Soup or Fruit Juice
- Slowly Braised Steak in Red Wine & Thyme Sauce
- Salmon with Fresh Herb Crust, Tomato & Basil Sauce
- Roasted Vegetable Crumble
- Pork Pie & Pickle Salad